



Care Matters

The CareShield Team

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### I am still learning

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Here at CareShield we love Michelangelo's motto: "I am still learning", which he followed until the day he died. Like Leonardo he was an amazing and inspirational person, and in the Marketing team we all strive to live up to "Ancora Imparo" every day.

I am still learning has therefore inspired us to develop a short, newsy best practice newsletter, containing information and tips that you'll find helpful and/or interesting. We will also be searching for a Care Story for each edition too.

We hope you agree that the hands-down winner of the Care Matters news for October has to be the video clip of a resident and carer jiving away to Daydream Believer. The newspaper report called it "heartwarming" and it certainly made us all smile!

However, if you disagree and have a favourite uplifting clip – or just want to get in touch with us – then we would be delighted, as ever, to hear from you. Please do not hesitate to drop us an email at [support@careshield.co.uk](mailto:support@careshield.co.uk), especially if you would like to see us cover any particular topic, or have exciting news or best practice tips to share.

Many thanks and kind regards,

Lisa

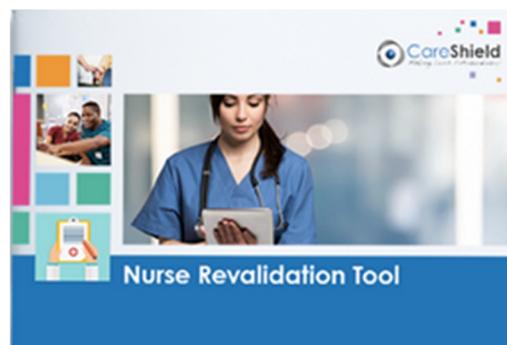
The Client Services Team

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## Nurse Revalidation Tool

**As all nurses know, from April this year they have to revalidate their qualification every 3 years.**

The CareShield Nurse Revalidation Tool is one of a number of helpful applications that we've developed within our unique, easy-to-use Myrus technology. It's NMC compatible and allows nurses to store and track all of their CPD evidence towards their revalidation including: reflective accounts, professional development discussions, practice hours, professional indemnity and 3rd party confirmation.



For employers, it provides a complete 360 degree view of all nursing staff's revalidation processes, highlighting how many staff are registered, what stage they are at in the revalidation cycle - and whether they are on track using a simple view.

Find out more here: <https://www.youtube.com/watch?v=wuoqwKjQHq4> or don't hesitate to talk to our friendly Support Services team on 0345 880 1818

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## Care News

### Story of the Week

We loved this story, from 13 September! Watching it did indeed warm the heart: the clip of a carer and elderly resident in action to Daydream Believer has 186,000 hits in just over a day!

Watch the Northumberland care home video – which is guaranteed to warm the heart here



<http://www.chroniclive.co.uk/news/north-east-news/watch-northumberland-care-home-video-11878377>

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## 10th October - World Mental Health Day:

“Your present circumstances don't determine where you can go; they merely determine where you start.” Nido Qubein

The overall objective of WMHD is to raise awareness of mental health issues around the world, mobilising efforts in support of mental health. It provides an opportunity for all stakeholders working on mental health issues to talk about their work, and what more needs to be done to make mental health care a reality for people worldwide.



The theme of this year's World Mental Health Day covers “psychological first aid”. Efforts in support of the day will focus on basic pragmatic psychological support by people who find themselves in a helping role whether they are health staff, teachers, firemen, community workers, or police officers.

Despite its name, psychological first aid covers both psychological and social support. Just like general health care never consists of physical first aid alone, similarly no mental health care system should consist of psychological first aid alone. Indeed, the investment in psychological first aid is part of a longer-term effort to ensure that anyone in acute distress due to a crisis is able to receive basic support, and that those who need more than psychological first aid will receive additional advanced support from health, mental health and social services.

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Mental Health is important enough to be a fundamental element of one of the key Standards in the UK's Care Certificate. Therefore, for more information about World Mental Health Day – or the CareShield Care Certificate programme, please follow the links below:

[http://www.who.int/mental\\_health/world-mental-health-day/en/](http://www.who.int/mental_health/world-mental-health-day/en/)

<https://www.mentalhealth.org.uk/campaigns/world-mental-health-day>

<http://www.careshield.co.uk/Solutions/the-care-certificate>

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## CareShield News RoundUp

We have been busy during August and September, so if you have a few minutes over a cuppa follow the links to give you a flavour of our team activities:

Our Anglo-Sino visit -

<http://blog.careshield.co.uk/careshields-anglo-sino-visit-a-huge-success>

Our Memory Walk, to raise funds for dementia research -

<http://blog.careshield.co.uk/what-a-fabulous-memory>

Our Macmillan Coffee Morning, to raise funds for cancer research - <http://blog.careshield.co.uk/the-worlds-biggest-coffee-morning>



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*Ancora Imparo*



Call our Client Services team on 0345 880 1818 for more information, or if we can help in any way

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